

STEPS

CHALLENGE



How many steps do you want to take each day? Set a goal and track your steps using a watch or other device. Mark off one circle with a stamp or sticker for each day that you meet your goal. Mark off all of the circles within one week, and you earn your reward!

Goal:

Reward:

ACTIVITY

THEINSPIREDTREEHOUSE.COM

BIKE RIDE

LEMONADE
STAND

CAPTURE
THE FLAG

PAINT
ROCKS

DANCE
PARTY

PICNIC
LUNCH

LEARN A
NEW
CARD GAME

CAR
WASH

HAND
CLAPPING
GAMES

NATURE
HIKE

BUILD
A FORT

MAKE
A NEW
RECIPE

FRIENDSHIP
BRACELETS

WATER
BALLOON
FIGHT

DIG FOR
WORMS

How many of these activities can you do this summer?
Mark off one circle with a stamp or sticker for each
activity you try!

CHALLENGE

TAG

CHALLENGE

**GHOST
TAG**

**BLOB
TAG**

**ANIMAL
TAG**

**LINE
TAG**

**FIRECRACKER
TAG**

**GARDEN
TAG**

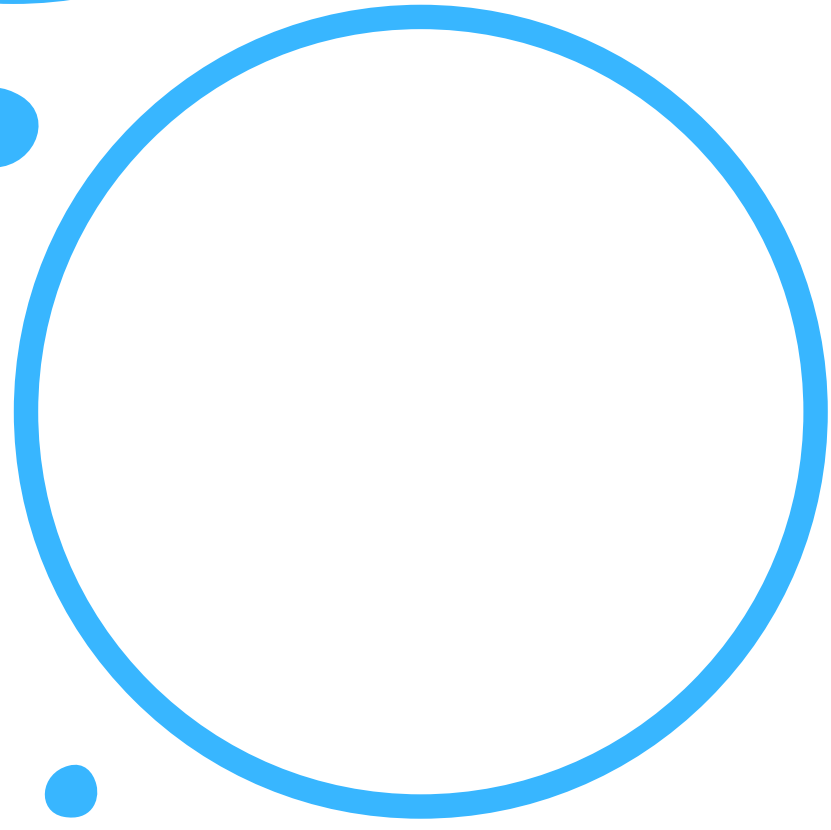
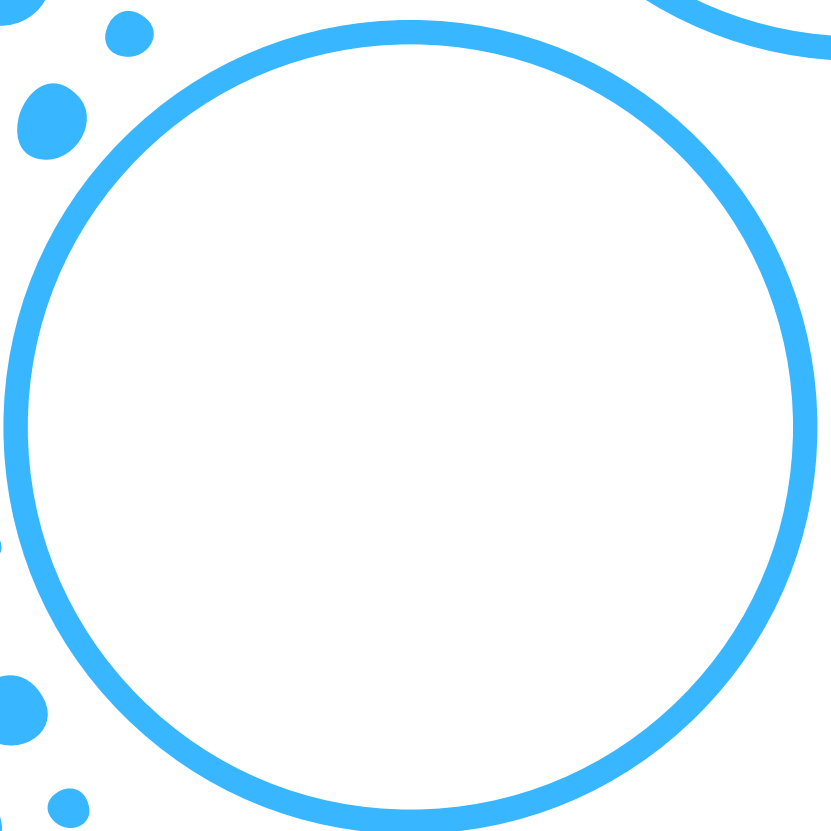
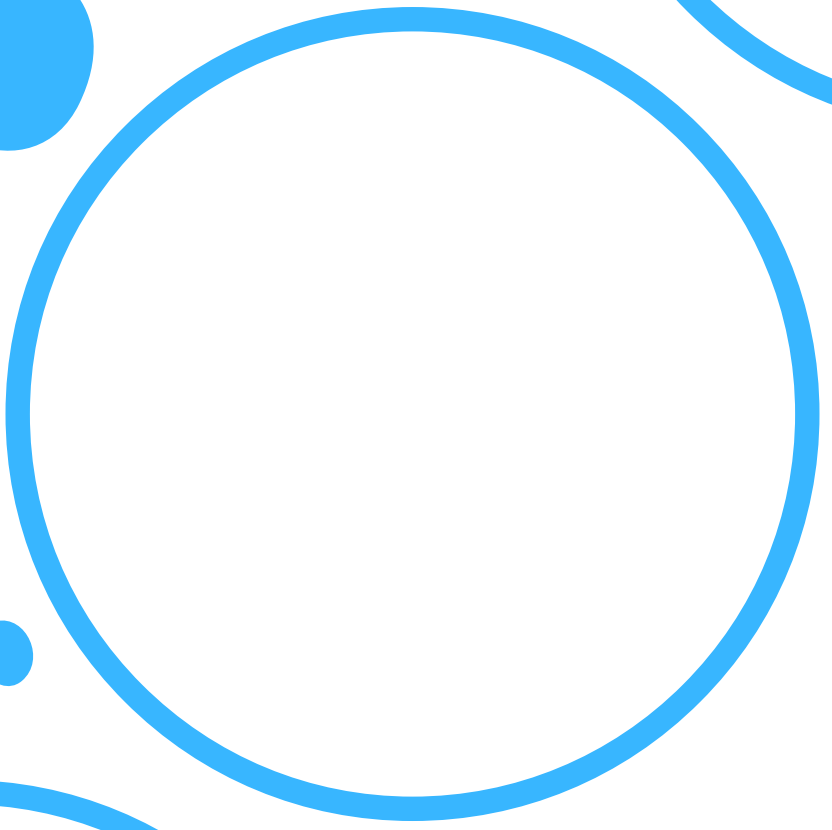
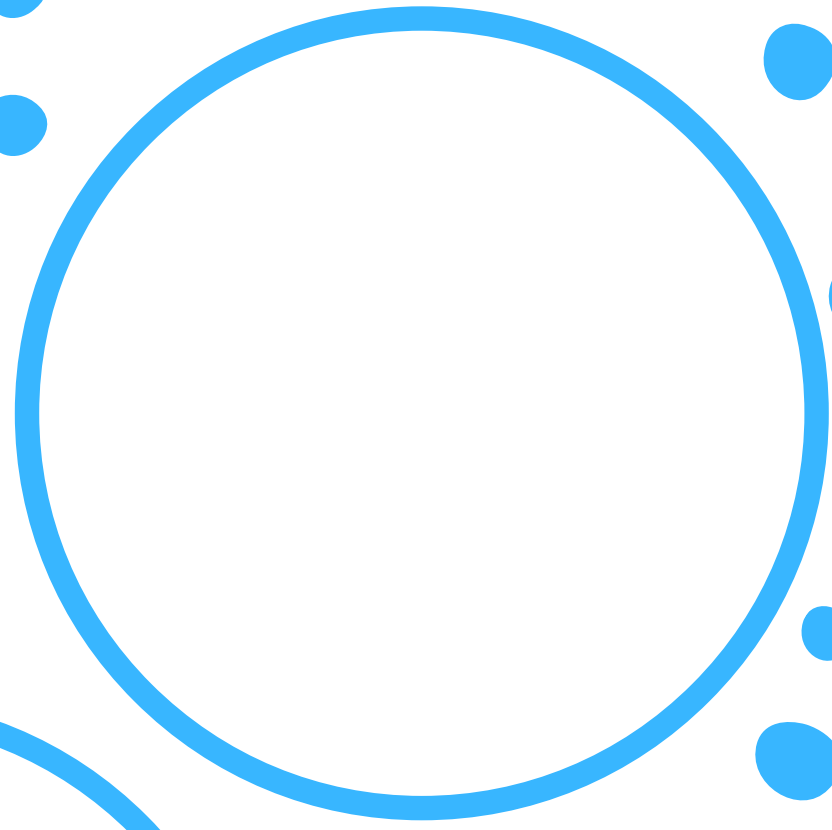
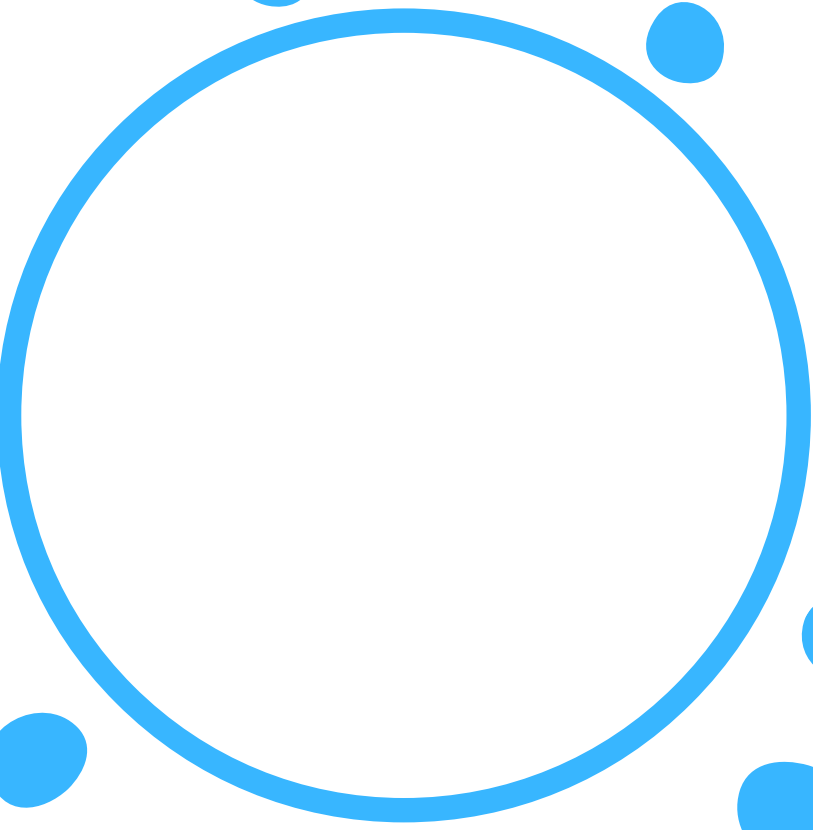
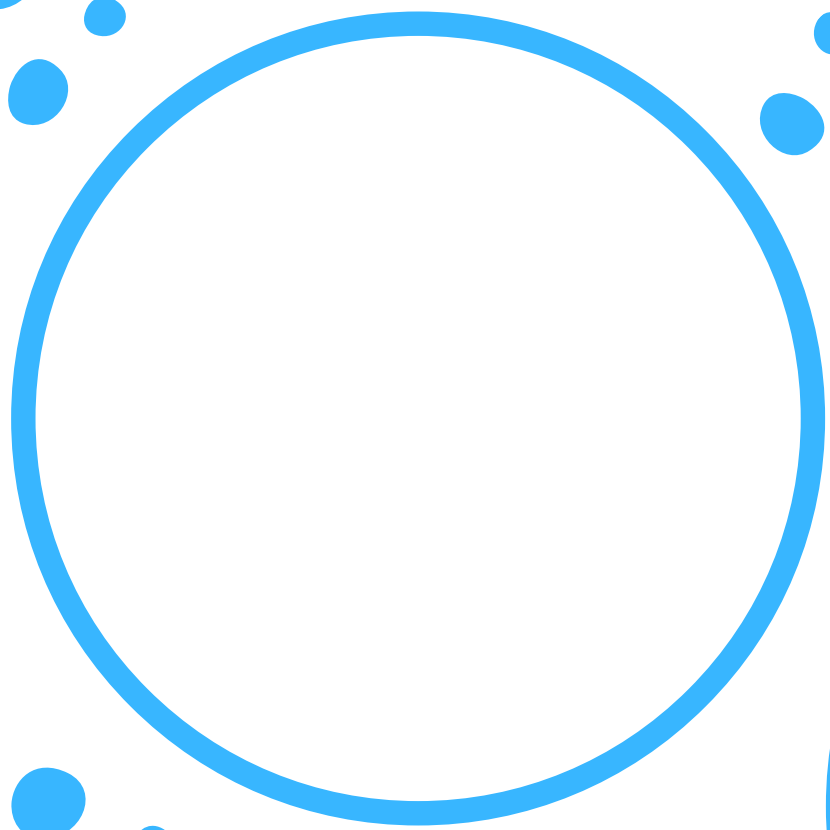
Check out this link for descriptions of each tag game:
bit.ly/taggames

When you play each game, place a stamp or sticker on the circle to mark it off!

Can you try each type of tag this summer?

ACTIVITY

CHALLENGE



Use this page to create your own activity challenge! Fill in the circles with your own fun activities and mark off the circles when you complete each one! Complete all of the circles to claim your reward!

Ideas: make friendship bracelets, go on a nature walk, build a fort, learn a new card game, wash the car, climb a tree!