

The page is decorated with several stylized yellow school buses with teal windows and red lights, arranged around the central text box.

Back to School

movement scavenger hunt

- 1 Scan the room and find an object that is blue. Hop on one foot all the way to retrieve that object and hop on the other foot all the way back!
- 2 Find a pair of scissors, stand on one foot and snip a piece of paper 10 times.
- 3 Do 10 jumping jacks and then tiptoe to a chair and sit down.
- 4 Do you see a clock? Stand on one foot while keeping your eyes on that clock for 10 seconds. Then sit down and write the time on a piece of paper.
- 5 Find a book. Get on all fours and, while holding that position, find page 15 in the book. Tell your friends what the first word is on page 15!
- 6 Grab a friend, hold hands and walk to find an object that is a cylinder (e.g. a garbage can or a container). Without letting go of your friend's hand, see if you can pick up that object together and carry it back to where you started.
- 7 Crab walk to your teacher, get a high five, and crab walk back to where you started.
- 8 Hold a plank position and find something that starts with the letter "A". Call it out! If you can hold it longer, keep going through the alphabet!
- 9 Find a set of crayons or markers and a piece of paper. Kneel in front of a wall, holding the paper on the wall. Draw a self-portrait!
- 10 Is there something soft in your room? Tip toe to it and hold it up for everyone to see!