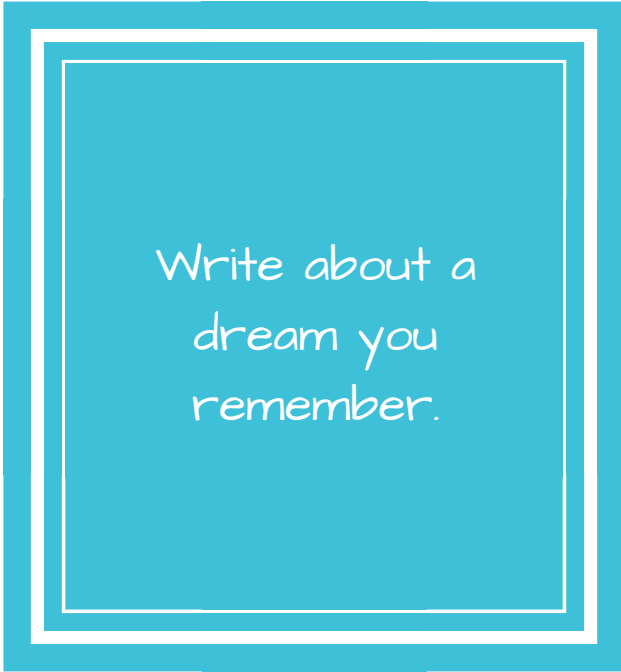




My
Journal
Kit



Write about a
dream you
remember.



Write a list of
things you
learned today.



Write about
something that
scares you.

Write about your
firsts: first bike, first
house, first friend,
first memory, etc.

Make up your own
nursery rhyme and
write it in your
journal.

Write about a
special person
in your life.

Write about
something funny
that happened
today.

Write about your favorite meal. What does it look like, taste like, smell like?

If you could be one character from any movie, who would you be and why?

Make a list of goals. What are your goals for today? What are your goals for this year? What are your goals for life?

Make a list of your favorite:
Color
Animal
Vacation spot
Food
Season
Holiday
Tell why they're your favorites.

Write about your dad.
What does he do for a living? What does he look like? What does he like to do? What makes him happy? What makes him excited? What are your favorite things to do together?

Write about your mom.
What does she do for a living? What is her favorite color? What makes her special? What does she like to do? What makes her excited? What is your favorite memory with her?

Write about your siblings. What are their full names? What do they like to do? What makes them happy? What makes them sad? What makes you laugh together?

Write about a time when you were angry. Who was with you? What did you do and say? Would you do anything different if the situation happened again?

What is your favorite part of school? Why is it your favorite? What is your least favorite part of school? Why?

If you could tell your family one thing about you that they don't already know, what would it be?

What do you want to be when you grow up? Do you know someone who does this job? Why do you want this to be your job?

Write a story about something that could never happen in real life. Make it as silly and crazy as possible!

Write a sad story - it could be something that actually happened to you, or you could make it up.

Write down all of the jokes and riddles you know. If you don't know any, look them up and write down your favorites!

Write about the neighbors that live on your street. What are they like? What do they like to do? Do you know them well? If you could find out one thing about them, what would you want to know?

Write about your teacher. What is he or she like? What does he or she look like? What is the best thing he or she has taught you so far this year?

If you could be
one character
from any book,
who would you be
and why?

If you could build
your own secret
hideout what would
it look like and
where would it
be?

Write about your
dream birthday
party. Where
would it be? What
would you do?
Who would be
there?

Write about a
faraway place
you would like to
visit someday.
What do you think
it will be like?

Write about
something you're
thankful for.

Write about
your favorite
vacation
memory.

Write an
alternate ending
to your favorite
book!

Write about
your best
friend. Where
did you meet?
What is he/she
like?

List out everything you did today, starting from when you woke up this morning.

Write a scary story. It could be something that really happened to you, or one that you make up!

Look out the window and make a list of everything you see.

Write a letter to someone special - you can tear it out and send it, or just keep it for yourself!

Read a book and
then draw your
own illustrations
for it!

If you could
choose one
super power,
what would it
be? Why?

If you won a
million dollars,
what would you
do with it?

If you could
have any animal
as a pet, what
would it be?
Why?