

- I: Cut off the strip with these instructions.
- 2: Turn the paper over (words facing down).
- 3: Fold each of the four corners into the center of the square.
- 4: Turn the paper over again and again, fold all four corners into the center.
- 5: Fold the square in half to make a rectangle.

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- 6: Place your thumbs under two of the flaps with shapes on them and place your index fingers under the other two flaps with shapes on them.
- 7: Pinch thumbs and index fingers together and push them toward the center.