

Movement Activities Using

Bedsheets!

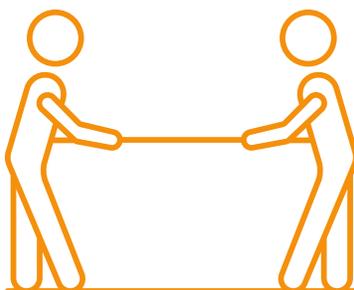
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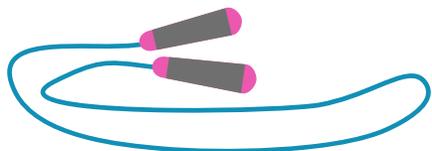
**Make Your Own
Roller coaster!**



Make a target



Tug of War



**Make a Jump
rope**



Build a fort